

EuGMS Congres Reykjavik

Terugkoppeling:

- Wat hebben we geleerd
- Europees perspectief
- Hoe was de reis & organisatie
- Het podium van EuGMS op!

Wat hebben we geleerd

Danielle, Saskia en Esther

- Opleiden
- Preventie
- Diagnostiek
- Behandeling
- Inspirerende websites
- Ethiek



Wat hebben we geleerd

Danielle, Saskia en Esther

De patiënt als docent

- Meerdere reviews, waarbij >300 artikelen geïnccludeerd
- Buddy program / senior mentorship programma
>begrip & >empathie

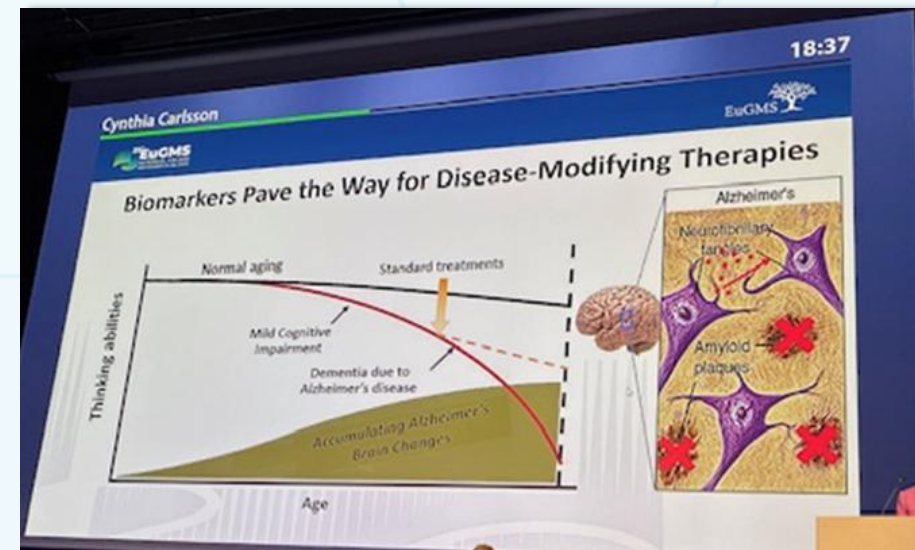


Wat hebben we geleerd

Danielle, Saskia en Esther

Preventie

- Belang van **goede visus** en **gehoor** ter preventie cognitieve achteruitgang
- **Biomarkers** als pad naar preventie dementie – 20 jaar voor de diagnose mogelijk al zichtbaar...



Wat hebben we geleerd

Danielle, Saskia en Esther

Diagnostiek

Depressie op oudere leeftijd

- Vaker zonder somberheid
- Niet (h)erkennen leidt tot misdiagnose dementie in 30% van de gevallen

Point-of-care echografie

- Niet-invasieve diagnostiek in huis
 - DVT, pleuravocht, artritis, ascites, ...
- Verandering beleid bij 66.9-69.2% (resp. medicamenteus vs niet-medicamenteus)



Point-of-care echografie in het verpleeghuis: een aanrader

Voordelen voor patiënt en behandelaar zijn onmiskenbaar

14 reacties

Wat hebben we geleerd

Danielle, Saskia en Esther

Behandeling

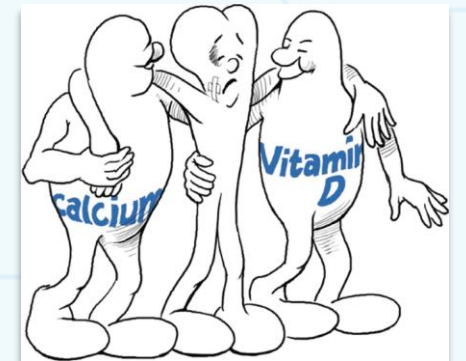
Dysfagie = geriatric giant

- Free water protocol bij slikstoornis
- Risico ondervoeding en dehydratie bij slikbeleid vs risico aspiratie pneumonie



Veiligheid van calcium suppletie

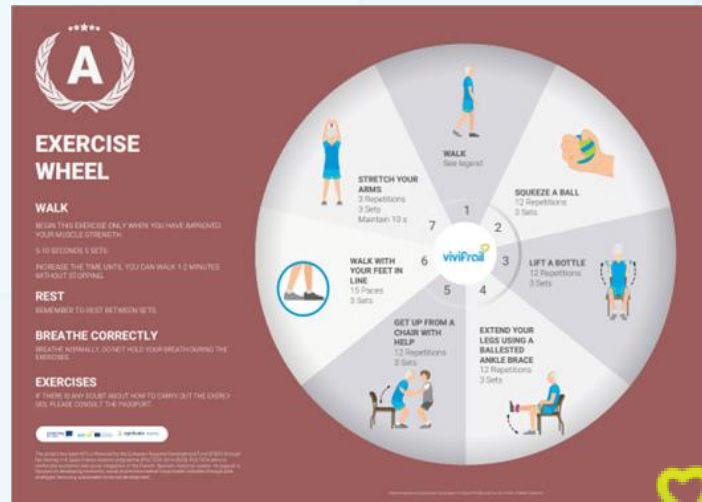
- Risico op ernstige bijwerkingen/complicaties wisselt
- Risico lager met vitamine D



Wat hebben we geleerd

Danielle, Saskia en Esther

Inspirerende websites



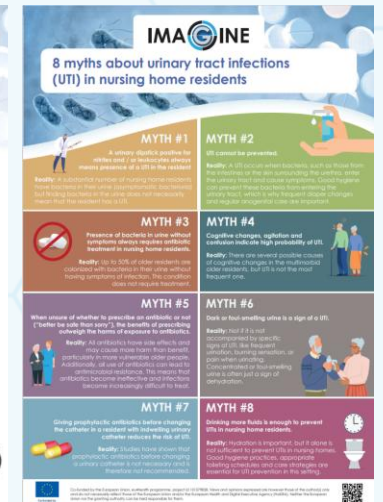
www.vivifrail.com

Eenvoudig bewegen voor thuis



www.imagineproject.eu

Diverse tools voor zorgmedewerkers



Wat hebben we geleerd

Danielle, Saskia en Esther

Ethiek

Wist u dat...

... in **Frankrijk** het glas wijn hoort bij kwaliteit van leven? Ook op de Korsakov-afdeling?

... in **Mexico** dialyse opgestart wordt door afwezigheid palliatieve alternatieven?

... in **Turkije** een voltooid leven gelijkstaat aan een depressie?



Europees perspectief

Paul en Mieke

Filippo Verri
2. Introduction on European CGA guideline
3. Discussion and future directions

Current state of CGA in Europe

21st EuGMS
New landscapes in geriatric medicine

Steinunn Þórbardóttir
Nursing home care policy making in Iceland

Structure of senior care

• The Icelandic state has not put enough emphasis on investing in prevention, rehabilitation and assistance for people living at home – resulting in more demand for nursing home beds.

21st EuGMS
New landscapes in geriatric medicine

Gaetan Gavazzi
The example of 3 countries: France

To fill the Gap : National plans

20 National Plans related to Ageing

« Healthy aging to specific diseases and Health care pathway in 25 years »

Alzheimer Plans – ICOPF – Housing and Land use planning – Urbanism – Healthy aging 2023 – Prevention of functional decline (PFDHA - CHSA) – « Full prevention national Plan »

Acute care – Nursing Home and Long-term care plan (2005-2023)

Education – Geriatric as a Medical specialty (1990-2004-2017) – Complete University Institution 2024 – More than 150 Geriatrician / year

21st EuGMS
New landscapes in geriatric medicine

Adam Gordon
From hospital to the community. Challenges for geriatric practice and training in the UK

Acute (Ward)

Pathway	3	2	1	0
24-hour care	1%	4%	45%	50%
Short-term intensive care				
Supported discharge home				
Simple discharge home				

21st EuGMS
New landscapes in geriatric medicine

Iva Holmerová
Geriatric care at home and in long-term care in Czechia: focus on collaboration of GPs and geriatricians

Centre of Gerontology Praha

- Home nursing care services (5 nurses)
- Home assistance (6 assistants)
- Geriatric out-patient department: CGA, case management in polymorbidity, suggesting all other services, health care back-up for other services, home visits
- Day care unit for persons with dementia (20 places)
- Post-acute geriatric department (35 places), discharge planning
- Auxiliary services: meals on wheels, lunch club, seniors club, Czech Alzheimer Society...

21st EuGMS
New landscapes in geriatric medicine

Adam Leibach
The example of 3 countries: Hungary

CAREFUL WATCH PROGRAMME

A government-provided, free of charge programme for every Hungarian citizen above the age of 65 (the programme requires registration)

By pressing the button on the watch the client (user of the watch) will be contacted the dispatch centre. The dispatcher assesses the situation remotely and may involve the emergency services and inform the designated contact person.

21st EuGMS
New landscapes in geriatric medicine

Busra Can
The example of 3 countries: Turkey

Challenges Encountered

- How to allocate time for home visits
- Shortage of staff
- Difficult to include everyone

Solutions Proposed

- Use Telemedicine, longer intervals unless necessary
- Assign new health workers
- Preferably referred by a physician, not the local authority

21st EuGMS
New landscapes in geriatric medicine

Europees perspectief – Special interest group EuGMS: CGA



Filippo Verri

- 2. Introduction on European CGA guideline
- 3. Discussion and future directions

Current state of CGA in Europe

- CGA in Europe**
- Evidence-based guideline
 - Adopting an eb guideline
 - Consensus-based guideline or toolkit
 - Other



EuGMS Congress 2025 – Reykjavik, Iceland | 24th September 2025 | SIG CGA – Future directions | Filippo Maria Verri

Europees perspectief – Frankrijk



Gaetan Gavazzi

The example of 3 countries: France



To fill the Gap : National plans

20 National Plans related to Ageing



« Healthy aging to specific diseases and Health care pathway in 25 years »

Alzheimer Plans –
-ICOPE-

Housing and land use planning- Urbanism –
Healthy ageing 2023

Prevention of functional decline (PAERPA- CNSA-)
« Fall prevention national Plan »

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Europees perspectief - Frankrijk



Gaetan Gavazzi

The example of 3 countries: France

Plan/Policy	Date	Key Objective	Main Measure	Financing
Plan Vieillessement et Solidarités (Aging and Solidarity Plan)	2003	Address aging population challenges and promote solidarity between generations	Creation of the National Solidarity Fund for Autonomy (CNSA) to finance Disability support services	>33 BILLIONS in 2025 for NH All innovations
Law on Solidarity for Autonomy of Elderly and Disabled People	June 30, 2004	Establish a comprehensive framework for elderly care and dependency support	Introduction of the Personalized Autonomy Allowance (APA) reform and creation of departmental autonomy committees	€ > 2billions annually (APA budget)
First National Alzheimer Plan	2001-2005	Improve diagnosis, care, and support for Alzheimer's patients and families	Establishment of specialized memory consultation centers and diagnostic structures	€150 million over 5 years
Second National Alzheimer Plan	2004-2007	Enhance research and improve quality of care for dementia patients	Creation of research-memory centers (CM2R) and specialized care units	€200 million over 3 years
Third National Alzheimer Plan	2008-2012	Develop a comprehensive national strategy against Alzheimer's disease	Investment of €1.6 billion for research, care improvement, and family support programs	€1.6 billion over 5 years
Fourth National Alzheimer Plan (Neurodegenerative Diseases Plan)	2014-2019	Expand focus beyond Alzheimer's to all neurodegenerative diseases	Creation of integrated territorial platforms for support and respite services	€800 million over 5 years

Europees perspectief – IJsland



Steinunn Þórðardóttir

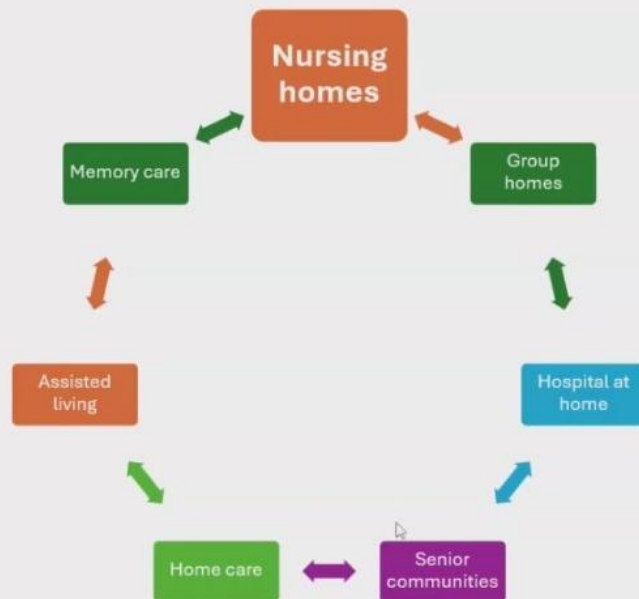
Nursing home care policy making in Iceland

21st EuGMS
REYKJAVIK, ICELAND
SEPTEMBER 24-26, 2025
New landscapes in geriatric medicine

Harpa
Conference
Centre



Structure of senior care



- The Icelandic state has not put enough emphasis on investing in prevention, rehabilitation and assistance for people living at home – resulting in more demand for nursing home beds.



Europees perspectief - IJsland



Steinunn Þórðardóttir

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Statement of claim from Iceland Health

- Multi-professional team:
 - Nurses
 - Doctors
 - Geriatricians and/or general practitioners
 - Physical therapists
 - Occupational therapists
- Staff in direct contact with residents should speak Icelandic
- Expertise in palliative care
 - Over 97% of residents die in their home
- Active internal quality control
 - InterRAI assessments at least 2 – 3 times annually (22 quality indicators)
 - Incidence reporting system



Europees perspectief – Verenigd Koninkrijk

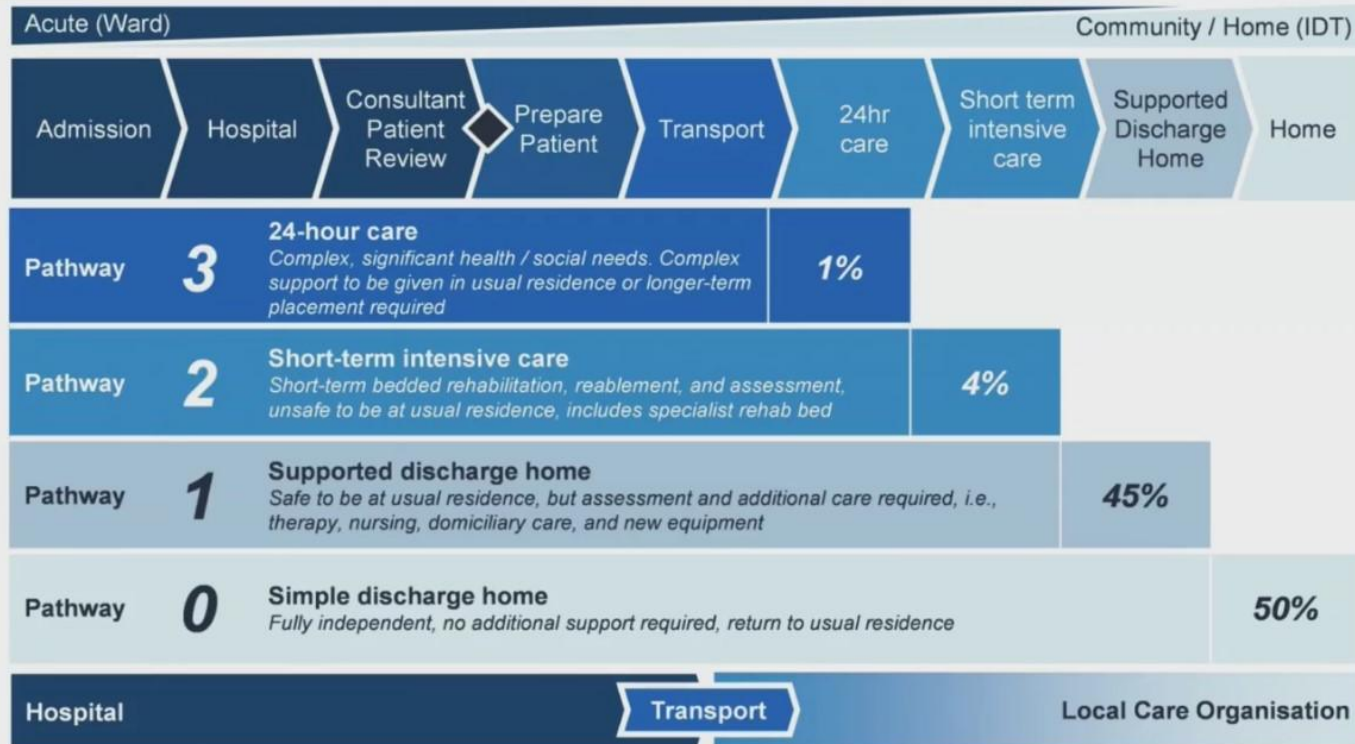


Adam Gordon

From hospital to the community. Challenges for geriatric practice and training in the UK

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Europees perspectief – Verenigd Koninkrijk



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Take home messages

- The intellectual war about hospital to community has largely been won.
- Operationalising the vision has been more difficult.
- "Neighbourhood health" and "national frailty framework" are opportunity.
- Specialists in care of older people will need to be vocal through this process.

Europees perspectief - Tsjechië



Iva Holmerová

Geriatric care at home and in longterm care in Czechia: focus on collaboration of GPs and geriatricians



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Society...



Europees perspectief – Tsjechië



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AZASS – communities Polička

- Rehabilitation programmes at home – occupational therapy
- Post-acute care – in the transformed hospital
- Home care
- Home help
- „open“ residential homes
- compensation aids „bank“ (picture)



Europees perspectief - Turkije



Busra Can

The example of 3 countries: Türkiye



Europees perspectief - Turkije



Busra Can

The example of 3 countries: Türkiye

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Europees perspectief - Hongarije



Adam Lelbach

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Reis & organisatie

Babette



Reis & organisatie

Babette



Het podium van EuGMS op!

Jeanet en Marjan



Het podium van EuGMS op!

Jeanet en Marjan

**Hoe krijgt de specialist
ouderengeneeskunde (in opleiding)
meer podium op een Europees congres?**

Het podium van EuGMS op!

Jeanet en Marjan

**Welk deel van ons specialisme willen we
extra onder de aandacht brengen?**

Het podium van EuGMS op!

Jeanet en Marjan

Hoe kunnen we dit bewerkstelligen?